



# Pizza Guys Nutritional Facts

A reasonable basis determination of nutritional information and calorie content information shall be required only once per standard menu item, provided that portion size is reasonably consistent and the food facility follows a standardized recipe and trains to a consistent method of preparation. Every brochure provided pursuant to this shall include the statement: recommended limits for a 2,000 calorie daily diet are 20 grams of saturated fat and 2,300 milligrams of sodium. Menu and menu boards may include a disclaimer that indicates that there may be variations in nutritional content across servings, based on variations in overall size and quantities of ingredients and based on special ordering.

## Speciality Pizzas

### **Pizza Guys Combo**

Serving Size:-----1 Slice (125g)  
Calories:-----270  
Carbohydrates:-----28g  
Saturated Fat:-----5g  
Sodium:-----760mg  
Total Fat:-----11g

### **Classic Vegetarian**

Serving Size:-----1 Slice (110g)  
Calories:-----220  
Carbohydrates:-----27g  
Saturated Fat:-----3g  
Sodium:-----530mg  
Total Fat:-----7g

### **Hawaiian Delight**

Serving Size:-----1 Slice (111g)  
Calories:-----230  
Carbohydrates:-----29g  
Saturated Fat:-----4g  
Sodium:-----600mg  
Total Fat:-----8g

### **Big Luau**

Serving Size:-----1 Slice (120g)  
Calories:-----240  
Carbohydrates:-----30g  
Saturated Fat:-----3.5g  
Sodium:-----650mg  
Total Fat:-----8g

### **Mexican Taco**

Serving Size:-----1 Slice (122g)  
Calories:-----250  
Carbohydrates:-----27g  
Saturated Fat:-----4.5g  
Sodium:-----640mg  
Total Fat:-----10g

### **Chicken Fajita**

Serving Size:-----1 Slice (129g)  
Calories:-----300  
Carbohydrates:-----32g  
Saturated Fat:-----6g  
Sodium:-----710mg  
Total Fat:-----16g

### **Artichoke Fiesta**

Serving Size:-----1 Slice (121g)  
Calories:-----250  
Carbohydrates:-----29g  
Saturated Fat:-----4.5g  
Sodium:-----600mg  
Total Fat:-----10g

### **Bacon Chicken Supreme**

Serving Size:-----1 Slice (118g)  
Calories:-----280  
Carbohydrates:-----28g  
Saturated Fat:-----5g  
Sodium:-----700mg  
Total Fat:-----12g

### **Garlic Lovers Pizza**

Serving Size:-----1 Slice (125g)  
Calories:-----320  
Carbohydrates:-----28g  
Saturated Fat:-----7g  
Sodium:-----810mg  
Total Fat:-----16g

## Speciality Pizzas Cont

### **Crunchy Club**

Serving Size:-----1 Slice (106g)  
Calories:-----270  
Carbohydrates:-----27g  
Saturated Fat:-----5g  
Sodium:-----660mg  
Total Fat:-----12g

### **California Garlic Chicken**

Serving Size:-----1 Slice (129g)  
Calories:-----300  
Carbohydrates:-----29g  
Saturated Fat:-----6g  
Sodium:-----720mg  
Total Fat:-----14g

### **Tuscan Roasted Garlic Chicken**

Serving Size:-----1 Slice (109g)  
Calories:-----230  
Carbohydrates:-----20g  
Saturated Fat:-----5g  
Sodium:-----580mg  
Total Fat:-----11g

## Non-Speciality Pizzas

### **Pepperoni Pizza**

Serving Size:-----1 Slice  
Calories:-----209.37  
Carbohydrates:-----27.60g  
Saturated Fat:-----3.80g  
Sodium:-----553.18mg  
Total Fat:-----8.00g

### **Cheese Pizza**

Serving Size:-----1 Slice  
Calories:-----192.01  
Carbohydrates:-----28.46g  
Saturated Fat:-----2.36g  
Sodium:-----40.56mg  
Total Fat:-----4.44g

## Sides

### **Chicken Strips**

Serving Size:-----3.3oz (three strips)  
Calories:-----200  
Carbohydrates:-----10g  
Saturated Fat:-----3g  
Sodium:-----660mg  
Total Fat:-----12g

### **BBQ Buffalo Wings**

Serving Size:-----3oz (two wings)  
Calories:-----160  
Carbohydrates:-----2g  
Saturated Fat:-----3g  
Sodium:-----440mg  
Total Fat:-----10g

### **Buffalo Wings**

Serving Size:-----3oz (two wings)  
Calories:-----160  
Carbohydrates:-----2g  
Saturated Fat:-----3g  
Sodium:-----440mg  
Total Fat:-----10g

### **Cheesy Garlic Bread** *Regular Order*

Serving Size:-----1/2 Order  
Calories:-----350  
Carbohydrates:-----45g  
Saturated Fat:-----4g  
Sodium:-----757mg  
Total Fat:-----12g

### **Cheesy Garlic Bread** *Large Order*

Serving Size:-----1/4 Order  
Calories:-----210  
Carbohydrates:-----27g  
Saturated Fat:-----3g  
Sodium:-----454mg  
Total Fat:-----7g

## Salad

### **Garden Salad**

Serving Size:-----1 Salad  
Calories:-----145  
Carbohydrates:-----18.7g  
Saturated Fat:-----2g  
Sodium:-----600mg  
Total Fat:-----5g

### **Antipasto Salad**

Serving Size:-----1 Salad  
Calories:-----190  
Carbohydrates:-----18.95g  
Saturated Fat:-----3.25g  
Sodium:-----940mg  
Total Fat:-----8.375g

### **Crispy Chicken Salad** *Served with Fat Free Italian Dressing.*

Serving Size:-----1 salad (304g)  
Calories:-----210  
Carbohydrates:-----22g  
Saturated Fat:-----3g  
Sodium:-----820mg  
Total Fat:-----9g

### **The Side Mix**

Serving Size:-----1 of each item  
Calories:-----241  
Carbohydrates:-----14.3g  
Saturated Fat:-----5g  
Sodium:-----695mg  
Total Fat:-----14g

### **Muncheez** *4 chicken wings, 4 chicken strips, 4 muncheez*

Serving Size:-----3oz (3 pieces)  
Calories:-----190  
Carbohydrates:-----20g  
Saturated Fat:-----5g  
Sodium:-----510mg  
Total Fat:-----10g

### **Calzone**

Serving Size:-----1/2 Calzone  
Calories:-----418  
Carbohydrates:-----35g  
Saturated Fat:-----7.5g  
Sodium:-----1106mg  
Total Fat:-----16g

### **Cinna-Twist**

Serving Size:-----8 pieces  
Calories:-----350  
Carbohydrates:-----37g  
Saturated Fat:-----6g  
Sodium:-----300mg  
Total Fat:-----19g

## **Pasta**

### **Cheesy Pasta (2 servings)**

Serving Size:-----1/2 Dish (206 g)  
Calories:-----310  
Carbohydrates:-----41g  
Saturated Fat:-----4g  
Sodium:-----480mg  
Total Fat:-----9g

### **Cheesy Pasta (single serving)**

Serving Size:-----1 Dish (411g)  
Calories:-----620  
Carbohydrates:-----82g  
Saturated Fat:-----8g  
Sodium:-----970mg  
Total Fat:-----18g

### **Cheesy Sausage Pasta (2 servings)**

Serving Size:-----1/2 Dish (227g)  
Calories:-----370  
Carbohydrates:-----42g  
Saturated Fat:-----5g  
Sodium:-----670mg  
Total Fat:-----13g

### **Cheesy Sausage Pasta (single serving)**

Serving Size:-----1 Dish (454g)  
Calories:-----730  
Carbohydrates:-----83g  
Saturated Fat:-----11g  
Sodium:-----1330mg  
Total Fat:-----27g

### **Garlic Alfredo Pasta (2 servings)**

Serving Size:-----1/2 Dish (271g)  
Calories:-----580  
Carbohydrates:-----42g  
Saturated Fat:-----12g  
Sodium:-----740mg  
Total Fat:-----38g

### **Garlic Alfredo Pasta (single serving)**

Serving Size:-----1 Dish (541g)  
Calories:-----1170  
Carbohydrates:-----83g  
Saturated Fat:-----24g  
Sodium:-----1490mg  
Total Fat:-----76g